

# Rolling Hills News October 2009



## CHOICES THAT MAKE US WHOLE

To become disciples that God desires—who think and act like Jesus—we must be whole. The process of becoming whole, or sanctified, is ongoing, this side of heaven. God is never finished with us, but how much we want to become like Him is our choice. Spiritual transformation and growth requires change throughout our entire lives.

The problem is that most people don't change until they have to—until the pain of staying the same outweighs the pain of being different. As humans, we have a natural tendency to do life our own way, apart from God (see Romans 3:23; Isaiah 61:6). Jeremiah 17:9 (NIV) states, "The heart is deceitful above all things and beyond cure. Who can understand it?" In trying to do life our own way, we have all experienced hurt from choices we made or from choices others made that affected us. We all have hurts, habits, or hang-ups because we are human, and this reality often limits our ability to connect with God. Some of us are living with pain or regret from a past hurt or failure that keeps us from growing to be more like Christ. But, God never wastes a hurt! He says that our past does not define us and that He will heal us (see Hebrews 12:1; Philippians 3:13, 14; Isaiah 43:18). Some of us have habits in the present that rob us of our ability to be used effectively today for God; Jesus says he will set you free (see Jeremiah 6:14; 30:17; John 8:32). Many of us worry about the future and that fear paralyzes us from stepping out in faith; the Holy Spirit says He will give us comfort and peace. Our only hope for a chance at healing, wholeness, transformation, or recovery in this life is the redemptive power of Christ, a result of God's grace through His indwelling Holy Spirit.

Recovery was God's idea and a biblical prescription for how we become more like Christ. To be "recovered" means that we are healthy and not stuck. God is in the business of recovering people to Himself (see 2 Cor. 5:17-19ff). We all possess free will and a sin nature that does not go away at salvation (see Romans 7:15ff). But when we choose to do life God's way, His grace sets us free from the control of the flesh and the Holy Spirit empowers us to live godly lives. That is something to celebrate! Now we have choice; whereas without Christ, we were hopeless and forever stuck!

This month, we begin a teaching focus called **Living Real**, using principles for spiritual growth from God's Word. These healing principles, if you choose to integrate them into your life, will help you become more Christ-like in character, to think and act more like Jesus. God wants to set you free and use you in a powerful way for His glory. Will you let Him? It will take engaging wholeheartedly in this material, some courageous honesty, and an attitude of desperation for God's grace, but it can be done! He has done it for others and He will do it for you, if you choose to let Him.

Blessings,  
Travis Waits  
Wholeness Ministries Pastor

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## Upcoming Events

**Sunday, Oct. 4**

Missions Partners Open House

**Wednesday, Oct. 7**

The President's Own United States Marine Band

**Sunday & Monday, Oct. 11 & 12**

Life Development 101 Class

**Wednesday, Oct. 14**

Hearts at Home

**Friday, Oct. 16**

David Crowder Band

**Friday, Oct. 16 - Sunday, Oct. 18**

Men's Retreat

**Saturday, Oct. 17**

Design Science

**Thursday, Oct. 22**

Women of Worth

**Saturday, Oct. 24**

Next Mile Conference

**Saturday, Oct. 31**

Crystal Peaks Youth Ranch Mission Opportunity

visit [rollinghills.org](http://rollinghills.org)

# Wholeness Ministries

## Celebrate Recovery

**Is anger causing difficulties in your relationships?**

Do other peoples' problems seem to dominate your life? Join us every Wednesday at 6:30 PM in the Fellowship Center for Celebrate Recovery, where we develop a spiritual plan of action to deal with these issues that is based on God's power, not our own effort. As we follow and apply biblical principles from the Beatitudes (Matthew 5:3-10), we begin to grow spiritually and become free from our hurts, habits, and hang-ups through the healing power of Jesus Christ. We welcome all who are willing to reach out and grasp the hand that Jesus is offering. Visit our new Celebrate Recovery website—[rollinghillscr.org](http://rollinghillscr.org)!

## Confident Kids

**Never has it been more difficult or more stressful for kids to grow up than it is today.** Confident Kids is a Bible-based program that facilitates this task! And we need a team of passionate adults to help bring this type of ministry to our church. For more info, or to join the Confident Kids Leadership Team, attend an Informational/Training Meeting on Sunday, Oct. 11 at 12:30 PM in the Courtyard Room. Questions? Contact Becky at [becky.lomax@rollinghills.org](mailto:becky.lomax@rollinghills.org).

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# Marriage Ministries

## Save the Date! Marriage Refresh

**Sunday, November 8 • 6:30 - 8:30 PM**

with Dr. Steve Stephens. Topic: Lost in Translation. If you heard him speak in 2007, you know you won't want to miss him! \$15/couple for pizza dinner & dessert!

# Women's Ministries

## Hearts At Home

**On Wednesday, October 14, 9:30 - 11:15 AM, all women who are expecting, adopting, or who have children through early elementary age are invited to join us for Hearts at Home.** Our first topic is "The Power of a Praying Parent," with featured speaker Val Eaton. For more information, pick up a brochure at the Women's Ministries station.

### Pre-register your children birth - Kindergarten

- Online at [rollinghills.org](http://rollinghills.org), Wed., Oct 7 - Sun., Oct. 11
- At the Women's Ministries station, October 11
- Cost \$5 - pay at event

Contact: Heidi Tillotson · [joet@teleport.com](mailto:joet@teleport.com)

## Women of Worth

**Our first luncheon • October 22 • 12 - 2 PM**

WOW is a monthly luncheon for women 50, 60, 70 or better! Join us for a delicious meal and listen to our featured speaker, Wholeness Ministries Director Diane Manchester, as she shares on God's Sovereignty.

- \$10 Tickets available October 11 & 18
- \$13 Tickets after October 18

Contact: Bettejo Lowe · [bjlowe@aol.com](mailto:bjlowe@aol.com)

## Women's Christmas Dessert/Drama Hostesses Needed

**Our Women's Christmas Dessert is scheduled for Thursday, December 3 and Saturday, December 5.** Hostess tickets go on sale starting Sunday, Oct. 25. Details on the Dessert/Drama will be available mid-October at the Women's Ministries station.

## Save the Date • Women's Retreat

**March 5-7, 2010 at Cannon Beach.** Visit the Women's Ministries station this winter for more information.



NEW FIVE-WEEK  
TEACHING FOCUS BEGINS  
SUNDAY, OCTOBER 4

Read about upcoming topics at  
[rollinghills.org/services](http://rollinghills.org/services)

# Care Ministries

## Crossroads Career Network

**Unemployed? Under- or Over-employed?** If you would like God's help with your career transition, join us each Thursday at 7 PM in the Courtyard Room as we address these needs. To help mentor others through career transitions, please contact Brent Williamson at [williamson.brent@comcast.com](mailto:williamson.brent@comcast.com). More info? Contact Becky Lomax · [becky.lomax@rollinghills.org](mailto:becky.lomax@rollinghills.org)

## Nursing Home and Assisted Care Outreach

**Did you know that 80% of nursing home residents receive an average of less than one visit per month?** And that 1/3 of America's population will spend their last six months of life in a long-term care facility? "Whatever you did for one of the least of these brothers of mine, you did for me." (Matt 25:40 NIV) Join us Sun., Oct 18 · 10:30 AM, in the Courtyard Room for an Informational Meeting to find out how you can make a life-changing difference in our community. Visit [rollinghills.org/nursing-home-assisted-care-outreach](http://rollinghills.org/nursing-home-assisted-care-outreach) for more info.

## Beds and Dressers Needed!

**Do you have a bed, mattress, or dresser to donate?** Each year, requests come from families who need these items. Bless someone in need this Christmas! Contact Becky Lomax · [becky.lomax@rollinghills.org](mailto:becky.lomax@rollinghills.org)

## Rolling Hills Christmas Blessing

**With fall upon us, Christmas is just around the corner!** Would you or your Community Group like to adopt a family this Christmas? Rolling Hills Christmas Blessing (RHCB) is a unique ministry that will help you bless families in need due to difficult circumstances, and we anticipate a greater need than ever this year given the current economic climate. Rolling Hills members are assisted first, and then assistance is extended into the community. Gifts may be given directly or anonymously. Please prayerfully consider if you or your Community Group would be interested in adopting a family. Contact Becky Lomax at [becky.lomax@rollinghills.org](mailto:becky.lomax@rollinghills.org) or call Marilyn Janes · 503-691-9355.

## What is HOPE?

### HOPE: Helping Others with Practical Encouragement.

We provide respite care, assessment, encouragement, support, and resources for members of the Rolling Hills body who are either caregivers or are dealing with a chronic illness. Interested in volunteering with HOPE? Join us for an Informational Meeting on Tues., Oct. 20 at 7 PM in Room 137. More info? Contact Becky Lomax · [becky.lomax@rollinghills.org](mailto:becky.lomax@rollinghills.org)

# Men's Ministries

## 2009 Men's Retreat is THIS MONTH!

**October 16-18—LIVING REAL: Honesty with God, Ourselves & Others—Don't miss all the action and adventure that Cascades Camp and our Retreat Team have put together!** With rates lower than ever before, you just can't pass this up!

**Pre-Retreat options:** Golf, Mountain biking, Paintball, Skeet shooting, ATV Racing, Fishing, Hiking, Paved 26-mile bike ride, David Crowder Band Concert, and Round trip bus ride.

**Recreation at Cascades Camp:** Paintball, Rubicon ATV Racing, Mountain Bike Riding, Kayaking, Canoeing, Tournaments Galore (Xbox, Poker, 3-on-3 Basketball, 4-on-4 Volleyball, Tennis), Wake boarding, Blobbing, Iceberg climbing, and Swimming in the lake. Get your band of brothers together and register today at the Men's Ministries station!

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# Reach Ministries

## Operation Christmas Child

### RHCC kicks off the shoebox ministry in October!

Consider reaching out in the name of Christ by purchasing gift items for needy children. Pick up a brochure and a shoebox at the Reach station. Collection week is Nov. 16-23. Interested in volunteering that week? Contact Lael Weiss · [ml.weiss@verizon.net](mailto:ml.weiss@verizon.net) · visit [samaritanspurse.org](http://samaritanspurse.org)

## Next Mile Conference

**A one-day conference for anyone who has served on a short-term mission team or in any ministry, and wants to explore how to apply what they've learned to their everyday life.** Attend to get equipped and encouraged through general sessions, seminars, and worship. For info or to register visit <http://www.thenextmile.org/content/view/48/59/>

## Crystal Peaks Youth Ranch - One-Day Mission Opportunity

**Saturday, October 31.** Estimated lunch fee of \$5-\$10. For more info and to sign up, visit the Reach station on October 11 or 18, or contact Mark & Jenni Reiling at 503-519-6535 · [jreiling@verizon.net](mailto:jreiling@verizon.net).

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**visit [rollinghills.org](http://rollinghills.org)**

**Watch** Sunday Sermons online at [rollinghills.org/audio-video](http://rollinghills.org/audio-video)

# Become a Member! Sign up for LD 101 (Life Development)

Sunday, October 11 · 2:30 - 6 PM (pt 1) & Monday, October 12 · 6:30 - 8:30 PM (pt 2)

To learn more and register, visit [rollinghills.org/life-development](http://rollinghills.org/life-development)

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## Children's Ministries

### Bridgeport Family Night!

Thursday, October 15 • 6-7:30 PM Free family evening open to all Bridgeport Elementary students and their families! PIZZA! PUPPETS! GAMES! SKITS! MUSIC! Sponsored by Bridgeport Elementary in partnership with Rolling Hills. Questions? Contact Pastor Gary · [gary.strudler@rollinghills.org](mailto:gary.strudler@rollinghills.org)

### Volunteer this Fall in TreeHouse!

The goal is not just for our kids to know how to pray and how to read their Bibles. The goal is for them to be actual Christ-followers. Are you willing to help? Commit to teaching children about Jesus Christ in a fun, relational and safe setting. October 4 kicks off a new year of ministry to children, and you can explore the dozens of ways and times to serve this fall at [rollinghills.org/childrens-ministries](http://rollinghills.org/childrens-ministries), or at TreeHouse Central, or by writing "Fall-TreeHouse" on a Welcome Card. Help a boy in our Pre-K class have a successful hour in the TreeHouse each Sunday by serving as a one-on-one buddy with him. Write "buddy" on your Welcome Card or email [treehouse@rollinghills.org](mailto:treehouse@rollinghills.org).

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## Young Adult Ministries

### Sunday Gathering

Every Sunday at 5 PM in the East Atrium. Join the 18-30 year-olds of RHCC for an in-depth Bible study.

## High School Ministries

Contact Zoe Anne · [zoeanne.pilger@rollinghills.org](mailto:zoeanne.pilger@rollinghills.org)

### AXESS • Wednesdays from 7-9 PM

Don't miss what God has for you on Wednesday nights! It's not too late to join us. All High School students are welcome. Contact Zoe Anne.

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## Jr. High Ministries

Contact Zoe Anne · [zoeanne.pilger@rollinghills.org](mailto:zoeanne.pilger@rollinghills.org)

### FUSION • Sundays from 6:30-8:30 PM

Meal Night • Sunday, October 4

### Pure Teen

A six-week class for 6th & 7th grade students to help them make choices that honor God by staying pure in heart, mind and body. Wednesdays, Oct. 7-Nov. 11, 6:30-8 PM in the 3rd Floor Small Room. Cost: \$15. Class limited to 15 students. Register at the Back Room, Student Ministries station, or at [678live.com](http://678live.com).

### Parent Visitation at FUSION

Sunday, October 25 • 6:30-8:30 PM. Parents, this is the time to come and see what your students will experience during the year and to meet their leaders.

### Elevation Services

Sundays • 11 AM-12:15 PM in the Back Room

This month's topic: "Life Hurts, but God Heals."

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## Bridgeport Beautification

Join us Sat., Oct. 17 and/or Sat., Oct. 24 as we clean up the Bridgeport Elementary school grounds!

This is a great way to serve one of our community partnerships!

More info? Contact Kathy Harms [kathy.harms@rollinghills.org](mailto:kathy.harms@rollinghills.org)

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## Rolling Hills Community Church

Service Times Sunday 9 & 11 AM | Office Hours Monday - Friday 8:30 AM - 5 PM

Atrium Café Hours Monday - Friday 8 - 10:30 AM • Sunday 8 AM - 1 PM

Phone: 503-638-5900 Fax: 503-638-8267 Email: [info@rollinghills.org](mailto:info@rollinghills.org)

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