



15 You know that everyone in the province of Asia has deserted me, including Phygelus and Hermogenes.

2 Timothy 1:15



If we really understood the nature of God's love and power, we would learn to line up our sense of shame in relation to God Himself, rather than human values or opinions.



8 So do not be ashamed of the testimony about our Lord or of me his prisoner. Rather, join with me in suffering for the gospel, by the power of God.

2 Timothy 1:8



As a self-conscious emotion, shame informs us of an internal state of inadequacy, unworthiness, dishonor, regret, or disconnection. Another person or a circumstance can trigger shame in us, but so can a failure to meet our own ideals or standards. Shame can lead us to feel as though our whole self is flawed, bad, or subject to exclusion, it motivates us to hide or to do something to save face.

**— Mary C Lamia Ph.D.,
Psychology Today**



We can take in misplaced shame...

- when following Jesus doesn't make life easy



8 So do not be ashamed of the testimony about our Lord or of me his prisoner. Rather, join with me in suffering for the gospel, by the power of God.

2 Timothy 1:8



34 Come back to your senses as you ought, and stop sinning; for there are some who are ignorant of God—I say this to your shame.

1 Corinthians 15:34



10 but it has now been revealed through the appearing of our Savior, Christ Jesus, who has **destroyed death** and has **brought life** and immortality to light through the gospel.

2 Timothy 1:10, 12



12 That is why I am suffering as I am. Yet this is no cause for shame, **because I know whom I have believed**, and am convinced that he is able to guard what I have entrusted to him until that day.

2 Timothy 1:10, 12



We can take in misplaced shame...

- when following Jesus doesn't make life easy
- when we are disconnected from who God is and what He's done



6 For this reason I remind you to
fan into flame the gift of God,
which is in you through the laying
on of my hands.

2 Timothy 1:6

PASSING THE TORCH



7 For the Spirit God gave us
does not make us timid, but
gives us power, love and self-
discipline.

2 Timothy 1:7



12 That is why I am suffering as I am. Yet this is no cause for shame, **because I know whom I have believed**, and am convinced that he is able to guard what I have entrusted to him until that day.

2 Timothy 1:12

